



There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are the messengers of overwhelming grief, of deep contrition, and of unspeakable love.

– *Washington Irving*



HEALING THE SPIRIT



Healingthespirit.org
For more information contact:
800-847-7831

EX-0844.01


Journey to Healing

Support and Resources
for Grieving Families



HEALING THE SPIRIT





LifeNet Health's Donor Family Services provides support and resources to donor families through personalized grief services and remembrance programs. We offer a 30-month comprehensive program that provides compassionate care for families on their grief journey.

Our 30-Month Bereavement Support Program offers comprehensive, ongoing assistance for families navigating grief.

Key services include:

- Personalized phone support from bereavement specialists
- Workshops
- Grief Companion® peer support
- Grief support group resources
- The Thanks2You letter-writing program for recipients to thank donor families
- Donor family-recipient meetings
- Annual events like the Tree of Remembrance
- Quarterly donor family newsletter
- Donor Medal for honoring loved ones
- Access to a private Facebook page and the Healing the Spirit website
- Volunteer opportunities

Frequently Asked Questions

How can I learn about my loved one's organ or tissue donation?

If you are part of a LifeNet Health donor family, contact us through the healingthespirit.org to request information about the health status of an organ recipient or details about your loved one's tissue gift. If you are outside the LifeNet Health service area, please reach out to the organ procurement organization that assisted you.

Can I correspond with the recipient of my loved one's organ or tissue?

For LifeNet Health Organ Donor Families:

Organ recipients can write to donor families through Donor Family Services, which forwards the letters. Donor families can also write to recipients. Ask about our brochure Writing to Your Donor's Recipients on how to begin.

For LifeNet Health Tissue Donor Families:

Tissue recipients can send letters to Donor Family Services, which forwards them to the donor family. Donor families can respond if the recipient includes contact details but families cannot initiate correspondence since recipient identities remain confidential until they reach out.

Can I meet the recipients?

Meetings between donor families and recipients are possible if a connection is made and both sides are agreeable. Donor Family Services can assist in arranging these meetings. We advise against seeking recipients through social media or news outlets, as this may lead to disappointment or misidentification.